

## Personal Performance Awards

### Non Discipline Specific (any craft)

Start

Discovery

Explore

### Discipline Specific Awards:

	<b>Canoe</b>	Canoe Award	Progressive Canoe Award	Advanced Canoe Award
	<b>Freestyle</b>	Flat Water Freestyle Award	Freestyle Award	Advanced Freestyle Award
	<b>Polo</b>	Explore Award	Perform Award	Excel Award
	<b>Racing</b>	Explore Award	Perform Award	Excel Award
	<b>Rafting</b>	Flat Water Raft Racing Award	Stadium Raft Racing Award	River Raft Racing Award
	<b>Sea Kayak</b>	Sea Kayak award	Coastal Sea Kayak Award	Advanced Sea Kayak Award
	<b>Slalom</b>	Explore Award	Perform Award	Excel Award
	<b>SUP</b>	SUP Sheltered Water Award	SUP White Water Award	SUP Paddle Surf Award
	<b>Surf Kayak</b>	Surf Kayak Award	Progressive Surf Kayak Award	Advanced Surf Kayak Award
	<b>Touring</b>	Touring Award	Open Water Touring Award	Multi Day Touring Award
	<b>White Water</b>	White Water Award	Progressive White Water Award	Advanced White Water Award
	<b>Wild Water</b>	Wild Water Racing Explore Award	Wild Water Racing Perform Award	Wild Water Racing Excel Award

## Leading and Coaching

Water Environment	Who Can Lead	Who Can Coach	Factors to take into consideration
			<ul style="list-style-type: none"> <li>➤ Experience of the Instructor/Coach/Leader.</li> <li>➤ The individual group members' age/competence/experience.</li> <li>➤ The ever-changing environment.</li> </ul>
Very Sheltered	<ul style="list-style-type: none"> <li>● Paddle Sport Instructor</li> <li>● Paddle Sport Activity Assistant (Specific Club activity and venue detailed by Club Risk Assessment, Standard Operating Procedure and endorsed training).</li> </ul>	<ul style="list-style-type: none"> <li>● Paddle Sport Instructor</li> <li>● Paddle Sport Activity Assistant (Specific Club activity and venue detailed by Club Risk Assessment, Standard Operating Procedure and endorsed training).</li> </ul>	Suggested Coach/Leader to Participant ratio: <ul style="list-style-type: none"> <li>● Solo Craft 1:8</li> <li>● Crew Craft 1:12</li> </ul>
Sheltered	<ul style="list-style-type: none"> <li>● Paddle Sport Leader</li> <li>● Paddle Sport Activity Assistant (Specific Club activity and venue detailed by Club Risk Assessment, Standard Operating Procedure and endorsed training).</li> <li>● Sheltered Water Coach</li> </ul>	<ul style="list-style-type: none"> <li>● Paddle Sport Leader who also has Paddle Sport Instructor</li> <li>● Paddle Sport Activity Assistant (Specific Club activity and venue detailed by Club Risk Assessment, Standard Operating Procedure and endorsed training).</li> <li>● Sheltered Water Coach</li> </ul>	Suggested Coach/Leader to Participant ratio: <ul style="list-style-type: none"> <li>● Solo Craft 1:8</li> <li>● Crew Craft 1:12</li> </ul>
Moderate	<ul style="list-style-type: none"> <li>● Moderate Water Leader</li> </ul>	<ul style="list-style-type: none"> <li>● Moderate Water Coach</li> </ul>	Suggested Coach/Leader to Participant ratio: <ul style="list-style-type: none"> <li>● Solo Craft 1:6</li> <li>● Crew Craft 1:10</li> </ul>
Advanced	<ul style="list-style-type: none"> <li>● Advanced Water Leader</li> </ul>	<ul style="list-style-type: none"> <li>● Advanced Water Coach</li> </ul>	Suggested Coach/Leader to Participant ratio: <ul style="list-style-type: none"> <li>● Solo Craft 1:4</li> <li>● Crew Craft 1:4</li> </ul>